

ProSidian Consulting, LLC

Consulting Services
and
Training Services
Commercial Price List

1/1/2016

By

ProSidian Consulting, LLC

ProSidian is a management and operations consulting firm with a reputation for its strong national practice spanning six solution areas including Risk Management, Compliance, Business Process, IT Effectiveness, Energy & Sustainability, and Talent Management. We help forward thinking clients solve problems and improve operations.

Launched by former Big 4 Management Consultants; our multidisciplinary teams bring together the talents of nearly 190 professionals nationally to complete a wide variety of engagements for Private Companies, Fortune 1,000 Enterprises, and Government Agencies of all sizes.

Our Services are deployed across the enterprise, target drivers of economic profit (growth, margin and efficiency), and are aligned at the intersections of assets, processes, policies and people delivering value. See Link To ProSidian website at www.ProSidian.com.

Services may be ordered by customer execution of a Commercial Agreement, and Purchase Order(s) issued thereunder which reflect the customer selected service level and purchase price. Services provided under this Price List are subject to the terms and conditions of the Commercial Agreement and Purchase Order(s) issued hereunder.

TERMS & CONDITIONS: Rates are hourly and daily for a one year (12 month) period from the date of scheduled service identified in the purchase order. Hours will be measured in whole hour increments.

PAYMENT TERMS: Payment is due on or before the 5th date of each subsequent month, at the rates/prices quoted in the Purchase Order. This commercial offering is subject to the terms and conditions of ProSidian Consulting’s standard commercial agreement for Consultant Services and/or Training Services.

The prices for Consulting Services are as follows:

Labor Category	Hourly Rate
Junior Consultant	\$167.66
Senior Consultant	\$263.49
Program Manager	\$301.92

Labor Category	Daily Rate
Junior Consultant	\$1,341.31
Senior Consultant	\$2,107.90
Program Manager	\$2,414.58

The prices for Training Services are as follows:

Title And Brief Description Of The Course:	<p>Course #: PC2069Ax1</p> <p>Training Title: Best Practices & Innovative Methods</p> <p>Brief Description Of Training: Sets a foundation that defines innovation objectives and mobilizes organization-wide efforts to move best practices & innovative methods from theory to practice with an emphasis on key attributes of how leading organizations implement best practices & innovative methods through a review of specific attributes in organizational culture, group dynamics, and facilitation to overcome challenges create sustainable advantage.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73

Title And Brief Description Of The Course:	<p>Course #: PC2070Bx2</p> <p>Training Title: Business Coaching</p> <p>Brief Description Of Training: Designed to help facilitate professional and personal development to the point of individual growth and improved performance. Provide positive support, feedback, perspective, and advice on an individual or group basis to improve their personal effectiveness to maintain sustainable advantage in a business setting.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73

Title And Brief Description Of The Course:	<p>Course #: PC2071Cx3</p> <p>Training Title: Change Management</p> <p>Brief Description Of Training: Addresses the change management process including the change lifecycle, reviews best practices for change delivery, and highlights how to manage change levels in the organization through the ADKAR Model to anticipate and plan for the future organizational and business environment. Explores the external and internal forces that drive change in an organization, why it's critical to adapt to and adopt changes, and how to minimize resistance to change.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73

Title And Brief Description Of The Course:	<p>Course #: PC2072Dx4</p> <p>Training Title: Communications & Interpersonal Skills</p> <p>Brief Description Of Training: Enables participants to hone the art of effectively communicating with tact and diplomacy regardless of audience. Equips participants with a communication asset for creating understanding, advantage, and managing peers, subordinates, and teams.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73

Title And Brief Description Of The Course:	<p>Course #: PC2080Ex5</p> <p>Training Title: Evaluation Methods & Metrics</p> <p>Brief Description Of Training: Helps establish evaluation methods and metrics proactively, integrating evaluation into all aspects of the organization. From a broader organizational perspective, to the individual worker, training provides best practices in evaluation and performance management covering appraisals and surveys, effectiveness measurement, HR analytics, performance management, predictive models scorecards and dashboard strategy maps.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73

Title And Brief Description Of The Course:	<p>Course #: PC2081Fx6</p> <p>Training Title: Group Dynamics</p> <p>Brief Description Of Training: Helps private companies and government agencies of all sizes gain the tools necessary to both identify and change behavior within groups with conflict or striving for improvement. Covers the study of structure, processes, and changes of groups.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73



Title And Brief Description Of The Course:	<p>Course #: PC2082Gx7</p> <p>Training Title: Human Resources & Development</p> <p>Brief Description Of Training: Provides innovative skills, behaviors and strategies for recruiting employees, reducing management and employee turnover, promoting management and employee development and retaining a talented, flexible and diverse workforce. Educates HR management to recognize the balance needed between organizational budgets and management and employee compensation and how to manage resources to create positive engagement.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73

Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Leadership & Management</p> <p>Brief Description Of Training: Focuses on the attitude, actions and skills participants need to sustain an organization's effectiveness. Familiarize participants with the central qualities of existing or potential leadership among teams and create a safe environment for participants to engage and exhibit leadership.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73



Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Management & Employee Development</p> <p>Brief Description Of Training: Impart the extensive knowledge and experience of expert panelists, providing participants the opportunity to be in sync with global best practices and preparing for corporate challenges. Provides a comprehensive learning experience to participants through an interactive format and address topics that include: career planning & development, management and employee induction, interviewing skills, professional etiquette, soft skills training, team building and management techniques.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73

Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Negotiation & Conflict Resolution</p> <p>Brief Description Of Training: Learn to solve the problems conflict has brought to the surface as well as maximizing hidden benefits such as increased understanding, group cohesion, and self-knowledge. Training acknowledges the prevalent theories of conflict resolution with a thorough understanding of different styles of dealing with conflict. Participants are equipped with tools and methods to resolve conflict while forging greater teamwork, understanding, and self-knowledge. Participants gain knowledge of different personality types and, in consideration of their own personality and style, understand how to resolve situations with natural ease.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$303.11
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$15,736.69

	Course #: PC0011B
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Title And Brief Description Of The Course:	<p>Training Title: Organization Development</p> <p>Brief Description Of Training: Identifies areas of organization operations where change is needed. Each need is analyzed and the potential effects are projected into a change management plan. Outlines specific ways in which the change will improve organization operations, who will be affected and how it can be rolled out efficiently to employees. Training topics draw from best practices in behavioral science and theories of motivation, learning and personality.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73

Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Planning & Strategies</p> <p>Brief Description Of Training: Designed to equip managers and executives with the advanced strategic planning and business decision making skills they need to excel as multifaceted leaders in today's dynamic business world. Definies direction, strategy and making resource allocation decisions to pursue mission objectives.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$14,463.73



Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Regulatory, Legal, & Compliance</p> <p>Brief Description Of Training: Training will include conducting effective/complete/timely investigations, foundations of Americans with Disabilities Act, Family Medical Leave, information security, labor relations, and sexual harassment awareness/prevention.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$231.00
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications, or executive mentoring, training, coaching conducted through phone conversations, email or video conference.
Commercial Price Of Course:	\$11,992.69

Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Special Programs - Other</p> <p>Brief Description Of Training: Offer comprehensive training programs customized to organization needs, from technology to workplace health. Interactive workshops challenge teams to think differently, share ideas, and apply critical skills that enable them to collaborate effectively and solve problems. Participants will learn new techniques and capabilities that empower them to start adding value to their everyday work right away.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$278.60
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications, or executive mentoring, training, coaching conducted through phone conversations, email or video conference.
Commercial Price Of Course:	\$14,463.73

Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Special Programs- Technology Issues</p> <p>Brief Description Of Training: Offers comprehensive training programs on a variety of administrative systems and desktop applications, supporting private companies and government agencies of all sizes with technology training delivered through on-site technology training, train-the-trainer sessions, and training materials.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$357.20
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$18,544.69

Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Special Programs - Technology Issues: Cybersecurity</p> <p>Brief Description Of Training: Provide learners with principles of data and technology that frame and define Cybersecurity. Training and knowledge management provided by certified instructors having a specific skill, or experience in a particular subject area. ProSidian's Cybersecurity Training aligns with resources, toolkits, and guidelines of the Homeland Security's National Initiative For Cybersecurity Carriers and Studies (https://niccs.us-cert.gov/) and works to help stakeholders enhance operations and maintain organizational compliance for various business drivers and initiatives covering strategic, operational, financial, and/or compliance objectives/risks.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$488.96
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$25, 384.98

Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Special Programs - Workplace Health</p> <p>Brief Description Of Training: Offer comprehensive training programs on “green” workplace practices, ergonomic design, time management, understanding/dealing with workforce stress, work/life balance, wellness awareness, and workload management. Covers the policies, procedures, and standards, as well as general industry health and design principles. Assists and supports employers and workers to work together to develop skills and put systems in place to maximize health, safety, and general well-being in the workplace.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$313.93
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD’s, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$16,298.29

Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Special Programs- Workplace Issues</p> <p>Brief Description Of Training: Offers comprehensive training on Occupational Safety and Health Administration (OSHA) initiatives and certifications as well as interpersonal concerns to assist with establishing an overall healthy working environment. Covers the policies, procedures, and standards, as well as general industry safety and health principles. Assists and supports employers and workers to work together to develop skills and put systems in place to maximize health, safety, and general well-being in the workplace.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$313.93
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD’s, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$16,298.29

Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Special Programs- DoD Civilian Leadership Development</p> <p>Brief Description Of Training: Leverages the DoD Civilian Leadership Development Framework (CLDF) to ensure emergent leaders, of all employment levels, receive the appropriate level of training for growth, sustainability, and success. Seeks to transform already competent personnel into Civilian Leaders who can promote and promulgate leadership skills, processes, and experiences across the spectrum - from "Self Leadership" to "Lead Teams and Programs" through to "Lead The Institution". Designed to provide deliberate development for the skillset, knowledge, and core competencies necessary to excel and influence the organization.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$313.93
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$16,298.29

Title And Brief Description Of The Course:	<p>Course #: PC0011B</p> <p>Training Title: Special Programs- Hospital Engagement Network (HEN) Learning Collaboratives (LCs)</p> <p>Brief Description Of Training: Combination of In-Person (Face To Face) And Computer Based / Webinar Series (Distance Learning) Training Modules that provide training and technical assistance to member hospitals and health systems looking for ways to improve quality and operational efficiency through a variety of quality improvement strategies to improve systems, processes, and, ultimately, the outcomes of care. Facilitate the adoption of evidence-based clinical practices that improve health care service quality, reduce "Cause Preventable Inpatient Harm" and maintain patient safety in 10 target areas: pressure ulcers surgical site infections injuries from falls and immobility adverse drug events central line-associated bloodstream infections venous thromboembolism catheter-associated urinary tract infections obstetrical adverse events ventilator-associated pneumonia preventable readmissions.</p>
Length Of Course:	Average 8 hours in each training session
Minimum/ Maximum Number Of Participants:	Minimum: 20 Maximum: 45
Price For Additional Students Above Minimum (If Applicable):	\$313.93
Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):	Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications,or executive mentoring, training, coaching conducted through phone conversations, emailor video conference.
Commercial Price Of Course:	\$16,298.29

<p>Title And Brief Description Of The Course:</p>	<p>Course #: PC0011B</p> <p>Training Title: Standard Operating Procedures</p> <p>Brief Description Of Training: Teaches efficiency and sustainability in the management and operations for organizations invested in documenting detailed written instructions that achieve uniformity of the performance of specific function(s). Seeks to transform already competent personnel "Self Leaders" through to "Team Leaders" with training programs designed to provide deliberate development for the skillset, knowledge, and core competencies necessary to perform specific functions in the organization.</p>
<p>Length Of Course:</p>	<p>Average 8 hours in each training session</p>
<p>Minimum/ Maximum Number Of Participants:</p>	<p>Minimum: 20 Maximum: 45</p>
<p>Price For Additional Students Above Minimum (If Applicable):</p>	<p>\$278.60</p>
<p>Support Materials Provided As Part Of The Course (E.G. Training Manuals, CDs, DVD's, Etc.):</p>	<p>Support Materials Provided As Part Of The Course may include printed and/or digital training manuals, CDs, Dvds, Etc. Other support materials may include case studies, books, journals, industry publications, or executive mentoring, training, coaching conducted through phone conversations, email or video conference.</p>
<p>Commercial Price Of Course:</p>	<p>\$14,463.73</p>

